



East Prairie Elementary

November
2022

Lunch

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|
| 1 1.) Sloppy Joe on Bun 2.) Chicken Nuggets with breadstick 3.) Chef Salad Baked Beans Broccoli Florets Diced Pears Fresh Fruit Bar 1% Milk | 2 1.) Sloppy Joe on Bun 2.) Chicken Nuggets with breadstick 3.) Chef Salad Baked Beans Broccoli Florets Diced Pears Fresh Fruit Bar 1% Milk | 3 1.) Beef and Broccoli Stir Fry 2.) Chicken Patty on bun 3.) Ham and Cheese Pinwheel Mashed Potatoes Cucumber Slices Diced Peaches Fresh Fruit Bar 1% Milk | 4 1.) Teriyaki Chicken With Fried Rice 2.) Popcorn Chicken 3.) Very Berry Yogurt Pizza Glazed Carrots Green/Yellow Bell Pepper Fresh Fruit Bar Mixed Canned Fruit 1% Milk | 5 1.) Broccoli and Cheese Soup with Turkey and Cheese Deli sub 2.) Pepperoni Pizza 3.) Turkey BLT Wrap Roasted Broccoli Celery Sticks Applesauce Fresh Fruit Bar 1% Milk |
| 8 1.) Boneless BBQ Wings 2.) Hotdog on Bun 3.) Pizza Munchable Golden French Fries Cherry Tomato Mandarin Oranges Fresh Fruit Bar 1% Milk | 9 1.) Fiesta Taco Mac 2.) Chicken Nuggets with Whole Grain Dinner Roll 3.) Ham and Cheese Sub Sandwich Spiced Pinto Beans Green Pepper Slices Diced Pears Fresh Fruit Bar 1% Milk | 10 1.) Meatloaf 2.) Chicken Patty on Bun 3.) Chicken Caesar Pita Mashed Potatoes Cucumber Slices Fresh Fruit Bar 1% Milk | 11 1. Spicy Bacon Cheesy Burger 2.) Popcorn Chicken 3.) Honey Mustard Ham Wrap Garlic & Herb Broccoli Baby Carrots Mixed Canned Fruit Fresh Fruit Bar 1% Milk | 12 1.) Hamburger and Vegetable Soup with Grilled Cheese Sandwich 2.) Cheese Pizza Glazed Carrots Celery Sticks Applesauce Fresh Fruit Bar 1% Milk |
| 15 1.) BBQ Rib on Bun 2.) Hot dog on bun 3.) Ham and Cheese Munchable Golden French Fries Celery Sticks Mandarin Oranges Fresh Fruit Bar 1% Milk | 16 1.) Carnita Nachos 2.) Chicken Nuggets with Bread Stick 3.) Turkey Ranch Wrap Refried Beans Green/Yellow Bell Pepper Diced Pears Fresh Fruit Bar 1% Milk | 17 Feast of Thanks 1.) Roast Turkey and Gravy 2.) Chicken Patty on Bun 3.) Turkey Cran Wrap Steamed Green Beans Mashed Potatoes Whole Grain Dinner Roll Bread Stuffing Cucumber Slices Diced Peaches 1% Milk | 18 1.) Stromboli 2.) Popcorn Chicken 3.) Pizza Salad with Bread Stick Roasted Corn Mixed Canned Fruit Fresh Fruit Bar Cherry Tomato 1% Milk | 19 1.) Chicken Noodle Soup with Hot ham and Cheese Sandwich 2.) Pepperoni Pizza 3.) Very Berry Yogurt Pizza Roasted Broccoli Baby Carrots Applesauce Fresh Fruit Bar 1% Milk Homemade Brownie |
| 22 No School | 23 NO school | 24 No School | 25 | 26 No School |
| 29 1.) Pulled Pork Sandwich 2.) Hotdog on Bun 3.) Turkey BLT Wrap Baked Beans Red/Orange Bell Pepper Mandarin Oranges Fresh Fruit Bar 1% Milk | 30 1.) Chicken Spaghetti 2.) Chicken Nuggets with Rip Stick Breadstick 3.) Fiesta Munchable Mexican Corn Celery Sticks Diced Pears Fresh Fruit Bar 1% Milk | 31 1.) Beef Stroganoff 2.) Chicken Patty on Bun 3.) Ham and Cheese Sub Sandwich Mashed Potatoes Cucumber Slices Diced Peaches Fresh Fruit Bar 1% Milk | | |

PRICES

EXTRA INFO

1% White, Chocolate or Strawberry milk is included with this meal.
 If you have questions or comments Please email
jennifer.jones@eastprairie.org

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
 Taher Food4Life®



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Menus are subject to change without notice. This institution is an equal opportunity provider.